

Surviving the Coming Pole Shift --- Ten Commandments

1. **List planned actions.** Prioritize the list by importance. Factor in time, money, practicality, and workability of result. At regular intervals Review and reprioritize as more understanding evolves and time gets shorter.
2. Determine a **safe location** to ride out the Pole Shift. Study Zetatalk.com for various possible locations and select one. Do not consider areas that are near large bodies of water or edges of tectonic plates or in mountains or underground to be safe. For example the simplest plans might consist of --- finding a relative or friend that is located where you would like to be during the pole shift. Send supplies as you can to be stored. At the last just before others wake up take off and go to the survival site. Another individual might prepare one or more bug-out-bags to be tossed in the car to take off for the planned area you wish to survive in. Once present find a wind protected area to ride out the wind and earthquakes.
3. **Wind protection.** Protect from winds that could reach 400 MPH. With winds above 200 MPH all loose object move like projectiles across the ground to become highly destructive battering rams. Natural protection from the wind can be found if between hills or with natural bearers on each side. Don't go underground. In a trench covered with heavy gauge sheet metal anchored down at the sides would be a minimum. This would protect against the sand blasting effect of blowing dirt, rocks and sand. Anything large would go over the top that is if nothing is sticking up.

Water flooding protection: Don't be where water will flow. This would be close to large bodies of water, oceans, or lakes or in a low area where water would collect or run to as it runs off. There will be lots of rain and run off so take this into account.

4. **Plan for the basics** of Water, Food and Shelter for during and after the pole shift. Study Zetatalk.com shelter section and this site for these basics and make realistic plans that you can do in the time available.
5. **Stock up** on a gradient that which you consider important. This could be: Seeds for planting, hand tools, guarding tools, storage batteries, storable food, camping equipment, lighting, ----- etc.
6. Plan for generating your own **electrical power:** Most will use storage batteries being charged using a small generator, water power, or wind power. When the gasoline runs out plan to use gasification of wood (woodgas) or biogas.
7. **Communications** will be by Ham radio or citizen band radio: If you have the capability of using it plan to have a bit of this equipment available.

8. Earthquake **jolt protection**: Plan for magnitude 9 and 10 earthquakes of continuous shaking for the better part of an hour. Be able to hold onto something or be tied down in such a way you don't get trapped if things around you to a degree collapse or change. Some are young enough and will be ok with sliding-bouncing across the floor to hit walls and things, others will not. Make sure everything else that is present in you shelter is tied down before the shift.

Body padding for the time of the shift: Consider providing some body padding for the old and young. This would be that which is commonly used in sports today. Or simply mattresses and foam. Or heavy clothing with some foam between the layers where it would do some good. Earthquakes movement can get up to a G force in any direction, with bouncing of object off the ground and is expected to last the greater part of an hour. Some will tie there bodes to beds. This may work as long as the bed is tied down and the survival quarters doesn't collapse and cause entrapment. Prepare for the worst case.

9. **Educate your self and prepare to educate others** around you if and when the proper time comes that they are receptive. Not everyone can confront this future. Don't go rushing out and expect all your friends to think like your do. It is wise to withhold your reality and only dish it out on a slow gradient over much time. Do not let others evaluate for you and tell you what to believe or what not to believe. Keep your own council and believe in your self and what you observe and know to be true. Develop a certainty about what you know. We all have lost contact with friends, relatives, and loved ones over this coming observable future. We have found eventually new friends with similar goals show up to take there place. Many who are in present time or near overwhelmed in life and livingness should not be approached on this subject. Every one must realize or not what is going on in there own time.

Education and **description of what is expected** for the time of shift. If those around you know what to expect in what time frame comes it makes it more confrontable. Have written information available at hand near pole shift time to provide this education. As individuals around you want to know about this then provide the information to read on there own.

10. **Positive attitude**: For every large change there are lessons to be learned and opportunities that arise. The task is to be in present time and recognize the opportunities and chouse wisely. This is a time of potential spiritual growth for all of us. Think of it as an adventure that beets all past adventures. Clarify your goals and work to accomplish them. For every win there is a loss and for every loss there is a win. Be of service to others around you. Determine the proper implementation gradient on all things.